

Foundations of Evidence-Based Practice (EBP) Workshop

In partnership with the UCSF Leadership Institute, the KP Scholars Academy is excited to offer the Foundations of Evidence-Based Practice (EBP) Workshop for frontline care providers. This workshop series engages participants in an innovative educational experience focused on facilitating an evidence-based approach to implementing a rapid cycle small test of change, in addition to assessing the outcomes and impact of interventions in clinical settings. This workshop will leverage concepts of decision-making, implementation science, and evaluation of change.

The Foundations of EBP Workshop includes two five-hour sessions as well as some pre-work and inter-workshop work. Following completion of the workshop, participants will be able to:

- Define and articulate differences between EBP, Quality Improvement and Research
- Identify and assess unit and organizational culture within the context of clinical inquiry
- Describe the elements, use, importance of a PICO question
- Access the evidence and critically appraise the evidence using Critical Appraisal Tools
- Identify the steps for planning a rapid small cycle test of change on a unit
- Describe methods for collecting, analyzing, and interpreting data findings



Program Timeline

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| Nominations & Registration Opens | February 2022 |
| Program Launch | May 2022 |

Session 1: May 3, 9 a.m.- 2:30 p.m. PST (30-min lunch break)
Session 2: May 10, 9 a.m.-2:30 p.m. PST (30-min lunch break)

This program is limited to 25 participants. Both sessions will be held virtually via Zoom.

The first workshop will focus on steps 0-3 including cultivating a culture of inquiry, identifying the problem, accessing the literature and critically appraising the evidence. The second workshop will guide participants through the remaining 3 steps including using the evidence, evaluating the practice change and disseminating the results.

For questions about this program, or if you are interested in nominating a colleague or yourself, please contact kpnursescholars@kp.org.

nursing.ucsf.edu/leadershipinstitute